



Table with 4 columns: Location, Address, Phone, Fax. Rows include Ann Arbor, Adrian, Brighton, Canton, Jackson, and Livonia.

Date: _____

Procedure Requisition

Office Instructions:

- Complete this requisition
Call the appropriate Michigan Heart office to schedule test
Provide the necessary diagnosis and Medicare or insurance information
Fax a copy of this requisition to the Michigan Heart office to ensure necessary documentation is on file
Check the appropriate patient instructions on the reverse side and give copy to the patient after reviewing instructions
Provide patient with map

Patient

Name: Last First DOB: _____

Home Phone: () Test Date/Time: Ordering Physician: _____

Send Copy of Report to: Phone: Primary Ins. _____

All Items Must be Completed - Incomplete Information will Delay Examination

- 1) Diagnosis justifying each test:
2) I authorize the Cardiologist to order an extension or modification of this test if clinically indicated.
No, please call me before extending or modifying this test

Physician Signature: _____

Please check test ordered and check corresponding patient instructions on back

ECHOCARDIOGRAM PROCEDURES:

- Complete Echocardiogram (2D/MMode/Doppler/Color Flow) (#1 on back)
2-D only with M-Mode (#1 on back)
Limited Echocardiogram (f/u pericardial effusion only) (#1 on back)
Contrast Study (schedule before 3:00 p.m.) (#1 on back)

ECHO STRESS TESTS:

- Stress Echocardiogram* (#3 on back)
Stress Echocardiogram AND Full Resting Echo with Doppler* (#1 & #3 on back - 2 tests)
Dobutamine Stress Echocardiogram* (#4 on back)
Dobutamine Stress Echocardiogram AND Full Resting Echo with Doppler* (#1 & #4 on back - 2 tests)

NUCLEAR STRESS TESTS:

- Treadmill Stress Test with Myocardial Perfusion Study* (#5 on back)
Adenosine Stress Test with Myocardial Perfusion Study* (#6 on back)
Dobutamine Stress Test with Myocardial Perfusion Study* (#7 on back)

OTHER STRESS TESTS:

- Standard Treadmill Test (GXT)* (#2 on back)
Stress Test with T-Wave Alternans Study* (#2 on back)

OTHER PROCEDURES:

- Transesophageal Echocardiogram (#8)
TEE with Doppler/Color Flow (#8)
Other
Electrocardiogram (#9)
ECG
Pre-op ECG
Date of Surgery:

Holter and Event Monitors

- 24-Hour Monitor (#10)
Holter Monitor - Other (#10)
30 Day Event Monitor (#11)
Event Monitor - Other (#11)
AF Express Auto Trigger Event Monitor (#11)
Other

*REQUIRED FIELD FOR ALL CARDIAC STRESS TESTING:

Please check one of the following.
For diagnostic testing - please advise pt to hold the following medications for a minimum of 24 hours prior to test:
Beta Blockers (please specify name of medication for patient)
Nitrates (please specify name of medication for patient)
Calcium Channel Blockers (please specify name of medication for patient)
Pt. to take all medications as usual
Pt. does not take any cardiac medications

PATIENT INSTRUCTIONS:

- Bring this form with you to the location indicated on the front of the form. It is required at check-in
- Please arrive 20 minutes prior to your scheduled appointment
- **If you need to cancel, please allow a 48 hour notice to avoid a \$50 “no show” fee.**

Michigan Heart staff may call you to remind you of your test date and time and to discuss test preparation. Messages may be left on your answering machine. If you object to receiving such messages, please let us know.

DATE AND TIME OF TEST:

- Bring your insurance card and hospital registration card with you
- If you are unable to keep your appointment, 48-hour notification is required

For Ann Arbor, Brighton and Canton Patients:

If you do not currently have a St. Joseph Hospital registration number, please call 1-877-791-2051 (toll free) prior to your appointment to obtain one.

Echocardiogram (#1)

Appt. Length – Approx. 1 hour

There is no preparation for this test

Treadmill Stress (#2)

Test Length – 1 hour

- 1) Wear walking shoes and pants
- 2) Nothing to eat or drink *4-hours* prior to the test, sips of water are permissible
- 3) No caffeinated or decaffeinated products (i.e., no coffee, chocolate, colas, or tea) for *24-hours* prior to the test
- 4) Check with your physician if medications such as beta-blockers, nitrates, or calcium channel blockers should be withheld prior to the test
- 5) A current list of your medications is required

Stress Echocardiogram (#3)

Test Length – Approx. 1–1.5 hours

- 1) Wear walking shoes and pants
- 2) No caffeinated or decaffeinated products (i.e., no coffee, chocolate, colas, or tea) for *24-hours* prior to the test
- 3) Nothing to eat or drink *4-hours* prior to the test, sips of water are permissible
- 4) Check with your physician if medications such as beta-blockers, nitrates, or calcium channel blockers should be held prior to the test
- 5) Patient's weight, drug allergy, and list of current medications are required

Dobutamine Stress Echocardiogram (#4)

Test Length – Approx. 1-1.5 hours

- 1) Nothing to eat or drink *4-hours* prior to the test, sips of water are permissible
- 2) No caffeinated or decaffeinated products (i.e., no coffee, chocolate, colas, or tea) for *24-hours* prior to the test
- 3) Check with your physician if medications such as beta-blockers, nitrates, or calcium channel blockers should be held prior to the test
- 4) Patient's weight, drug allergy, and list of current medications are required

Treadmill Stress Test with Myocardial

Perfusion Study (#5)

Test Length – Approx. 3 hours

- 1) Wear walking shoes and pants (women should not wear an under wire bra)
- 2) Nothing to eat or drink *6-hours* prior to the test, sips of water are permissible. Diabetics may have a light meal or snack if necessary
- 3) No caffeinated or decaffeinated products (i.e., no coffee, chocolate, colas, or tea) for *24-hours* prior to the test
- 4) Check with your physician if medications such as beta-blockers, nitrates, or calcium channel blockers should be withheld prior to the test
- 5) Patient's height, weight, drug allergy, and a list of your medications are required

Adenosine Stress Test with Myocardial Perfusion Study (#6)

Test Length – Approx. 3.5 hours

- 1) Wear two-piece clothing. Women should not wear an under wire bra
- 2) Nothing to eat or drink *6-hours* prior to the test; sips of water are permissible. Diabetics may have a light snack of toast & 6 oz. juice 4 hrs. prior to test, if needed.
- 3) No caffeinated or decaffeinated products (i.e., no coffee, chocolate, colas, or tea) for *24-hours* prior to the test
- 4) No medications, which contain dipyridamole (persantine) or aminophylline for *48-hours* prior to the test
- 5) Patient's height, weight, drug allergy, and a list of your medications are required

Dobutamine Stress Test with Myocardial Perfusion Study (#7)

Test Length – Approx. 3.5 hours

- 1) Wear two-piece clothing. Women should not wear an under wire bra
- 2) Nothing to eat or drink 6-hours prior to the test, sips of water are permissible. Diabetics may have a light meal or snack if necessary
- 3) No caffeinated or decaffeinated products (i.e., no coffee, chocolate, colas, or tea) for *24-hours* prior to the test
- 4) Check with your physician if medications such as beta-blockers and/or nitrates should be held prior to the test
- 5) Patient's height, weight, drug allergy, and a list of your medications are required

Transesophageal Echocardiogram (TEE) (#8)

Test Length – Approx. 2– 3 hours

- 1) Nothing to eat or drink after midnight
- 2) Take medications in the morning with a sip of water, *except* diuretic/water pills
- 3) Requires an adult (over 18 years of age) to stay during procedure and drive patient home
- 4) Patient's weight, drug allergy, and list of current medications are required
- 5) Wear a two-piece, comfortable outfit

Electrocardiogram (#9)

Test Length – Approx. 15 minutes

There is no preparation for this test

24-Hour Holter Monitor Hook Up (#10)

Appt. Length – Approx. 30 minutes

- 1) Wear loose top, blouse or shirt that opens in the front
- 2) Do not use powder, body oils, or body lotions on chest
- 3) If the patient has a pacemaker, provide the type of pacemaker and heart rate information
- 4) List of current medications is required

30-Day Event Monitor Hook Up (#11)

Appt. Length – Approx. 30 minutes

- 1) Wear loose top, blouse or shirt that opens in the front
- 2) Do not use powder, body oils, or body lotions on chest